



CONNECTIONS

For a Life Worth Living...

Connections Link Life Facilitator Pathway

1

- Check you meet the eligibility criteria

Eligibility Criteria

- Excellent group facilitation skills (small - up to 12 people and large - up to 40 people)
- Knowledge and experience of working in the field of mental health
- Training or qualifications in the field of: Mental Health, Youth Work, Counselling, etc
- Has completed ASIST or equivalent
- Able to deliver the annual requirements
- Committed to attending professional development in this field of work
- Committed to implementing the 'personal facilitator action plan' set out at the T4T by the Senior Facilitator
- Willing and able to attend a minimum of 2 mentoring sessions annually once Approved

2

Your organisation will organise your place as a provisional facilitator on a training for trainer event and forward your contact details to Fresh Minds Education

3

Provisional facilitators will register on Eventbrite - you will receive the link from Fresh Minds Education by email

4

Provisional facilitators will receive a welcome letter from their T4T Fresh Minds Education facilitators

5

- Attend the 2 day Connections Link Life training for trainers
- Meet the Connections leadership team
- Experience the Connections Link Life programme
- Practice facilitation
- Individual action plan discussed with senior facilitators
- Complete exit evaluation

6

Post Connections Link Life T4T Training

- You will receive a congratulations letter with a link to the downloadable Provisional Facilitator Certificate
- Receive Connections Link Life package in the post

7

Prepare to Teach

- Plan your workshop
- Plan your group
- Purchase your downloadable resources (or order hard copies of the resources)

8

Deliver your first three Connections Link Life workshops

- Deliver your first 2 workshops, submit your facilitator reports and participant evaluations as per the standards
- Deliver and record your third Connections Link Life workshop and submit the recording, along with your learning log for approval to hello@freshmindseducation.com
- Attend a minimum of 3 Connections Link Life Mentoring Sessions in the Provisional Trainer Period

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Outcome & Approval

Your recording and learning log will be reviewed by a senior facilitator and at this stage you will either be:

- a) Given feedback and asked to submit an additional recording
- b) Approved and issued with the Approved Connections Link Life Certificate

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Celebrate your achievement and join a community of Connections Link Life Facilitators across Northern Ireland.

"Connection is why we're here; it is what gives purpose and meaning to our lives"

Brene Brown

Ongoing annual requirements

- Your licence is with your organisation and is renewable at the end of your two-year period – terms of renewal are discussed with your managing agency/organisation
- You are required to deliver this programme three times a year (online or face to face)
- If you are delivering this online, you must deliver three times per year (and have facilitated in the screen role at least twice)
- You are required to implement the action outlined by your Senior Facilitator as part of the T4T Outcome Letter
- You are required to attend a minimum of 2 mentoring sessions annually once you have become an Approved Connections Link Life Facilitator
- All provisional and approved facilitators must continue to comply with the requirements of the programme (registration, model fidelity & standards, evaluation and reporting)

